

# **lunch**

## **appetizer**



|   |         |
|---|---------|
| Soup of the Day   | 4.5 / 6 |
| Wild Acres Duck & Chicken Liver Pate • Croutons, Pickles, Vegetables                                  | 8.5     |
| Savory Wild Mushroom, Pistachio Terrine • Fruit Chutney, Mustard Sauce, Croutons, Cornichons          | 8       |
| Spoon Dips • Tuscan White Bean - Carrot and Roasted Red Pepper - Walnut, Vegetables, Olives, Focaccia | 8.5     |
| Greens Salad • Sunflower Sprouts, Pumpkin Seeds, Tarragon Vinaigrette                                 | 5.5     |
| Spiced Olives   | 4.5     |
| Bread Basket 2  |         |
| Braised Kale 5.5  |         |
| Brown Rice with Pumpkin Seeds   | 4.5     |

## **entree**

### Fresh Seafood • Vegetarian • Omelette Specials

|   |             |
|---|-------------|
| House Made Egg Pappardelle • Tomato, Olives, Garden Greens, Chevre Cheese, Fresh Herbs  | 13.5        |
| SW Mock Duck Taco • Spiced Organic Mock Duck, Cheddar, Salsa, Grain, Green Salad, Avocado Sour Cream  | 14          |
| New Caledonia Shrimp or Grass Fed Steak Salad • Rice Noodles, Vegetables, Herbs, Lemongrass Dressing  | 16.5        |
| Quesadilla • Wild Acres Natural Chicken, Roasted Vegetable Spread, Amish Cheddar, Mint Salsa / Veg. Option  | 12.5 / 11.5 |
| Local Charcuterie Plate • Bison Sausage, Fischer Farms Ham, Wild Acres Duck & Chicken Liver Paté, Beef Tongue, Prairie Breeze Cheddar, Pickled Vegetables | 14          |

## **salads • sandwiches**

|  |                   |
|--|-------------------|
| Thai Duck Udon Salad • Shredded Duck Confit, Noodles, Peanut-Lemongrass Dressing, Vegetable Salad, Cherry Vinaigrette. <i>Vegetarian Option with Mock Duck</i> | 15                |
| Greek Salad • Greens, Cucumber, Olives, Tomato's, Pepperoncini, French Sheep Feta, Red Onion<br>Greek & Caesar available with Free Range Chicken Breast        | 11.5 / 8.5<br>+ 5 |
| Caesar Salad   | 11.5 / 8.5        |
| Nicoise Salad • Tuna, Tomato, Olives, Green Beans, Egg, Red Onion, Crouton, Greens, Vinaigrette, Herb Mayo   | 14                |
| Mediterranean Salad • Minted Lentils, Feta, Cucumbers, Artichoke, Sweet Peppers, Olives, Greens  | 14                |
| Spoon Burger • Minnesota Farm Lamb, House Ketchup, Corn Chips / or substitute salad + 2  | 13                |
| Mahi Mahi Sandwich • House Tartar Sauce, Lettuce, Tomato on Bun / or substitute salad + 2  | 12.5              |
| Brenda Burger • Homemade Vegetable, Rice & Nut Burger, Tomato, Lettuce, Pickle, Chips. <i>Add Cheese + 1</i>   | 12.5              |
| Fischer Farms Smoked Ham & Cheddar Cheese Sandwich • Cranberry Mustard   | 10.5              |
| Roasted Fresh & All Natural Roasted Turkey Salad Sandwich • Craisins, Red Onion, Celery Mayonnaise, Lettuce. <i>Available as a Salad + 2.5</i>                 | 11.5              |

## **beverages**

|  |      |
|--|------|
| Organic Guatemalan Coffee • Espresso   | 2.75 |
| Cappuccino • Latté   | 3.5  |
| House Blend Teas • Black, Green, Toffee Almond Black, Herbal Peppermint                  | 2.75 |
| Iced Tea • House Lychee Blend  | 3    |
| Juices • Cranberry, Lemonade, Apple, Mango, Organic Orange                               | 3    |
| Sodas • China Cola, Zevia Cola, Ginger Brew, Root Beer, Aranciata, Lemonata, Pomegranate | 3    |
| Italian Surgiva Sparkling • Still Water  | 3    |